



Take Action Rides 2010

On the day registration form

Registration £50 includes minimum £25 sponsorship

Name of ride: **RIDER NUMBER**

Route: 100 miles 100-km £ Paid by card cash cheque

Name (in full):

Date of birth: __ / __ / __ Mobile:

Address:

.....

..... Postcode:

Email:

Next of kin:

Relationship: Tel no:

Address:

.....

..... Postcode:

Terms and conditions

Participants take part in this event at their own risk and must be satisfied that there is nothing in their medical condition which could mean that there is danger in taking part. Action Medical Research does not accept any liability if anybody is injured on an event, unless it is as a result of the negligence of Action Medical Research or of its agents or employees. You must wear a cycling helmet to take part, and ensure that your bike is in a roadworthy condition for the challenge.



Charity reg. nos 208701 and SC039284