

Focus on Imaging PhotoPLOD - The Route...

Starting at midnight from Steyning Leisure Centre, you will walk through the sleepy town before arriving at the South Downs Way where you will be faced with a gradual but steep hike up the hillsides - be sure to take a look behind you at the magical view of all the colourful walkers.

As you follow the South Downs Way your first rest stop is at The Devil Dyke Golf Club which then leads you to Ditchling Beacon. You will arrive at the breakfast stop just at sunrise and you can rest here for a well earned cup of tea and bacon butty - don't forget your team photograph for the extra points!

After breakfast take in the beautiful views of East Sussex as you pass through South Ease, Firle Beacon and find yourself in the beautiful village of Alfriston. You are now on the home straight with only a short hike to Excete Car Park before reenergising for the final leg of the Seven Sisters. You will be welcomed home as you cross the line at Birling Gap - Paddington will be waiting for you with a medal and a well deserved chilled glass of fizz.